

How to Measure & Fit Paw Grips and Socks

Senior dogs often struggle with traction on smooth floors. Properly fitted non-slip socks or paw grips can make a huge difference in their safety and confidence. Use this step-by-step guide to accurately measure, size, and fit your dog's paw gear for comfort and performance.

Step 1 – Measure Your Dog’s Paw

Tools needed: sheet of paper, pen, ruler or measuring tape

1. Place your dog’s paw flat on a sheet of paper.
2. Gently press so the paw naturally spreads.
3. Mark the **widest point** from side to side.
4. Mark the **longest point** from the back pad to the tip of the longest toe.
5. Measure both width and length in inches or centimeters.

Pro Tip: Measure after a walk when paws are slightly expanded—this ensures a more realistic fit.

Step 2 – Match the Size Chart

Compare your dog's paw measurements to the sizing chart below. Each brand may vary slightly, so always check their chart.

Paw Width	Sock Size	Typical Breeds
1.25–1.75”	XS	Yorkie, Maltese
1.75–2.25”	S	Cocker Spaniel, Beagle
2.25–2.75”	M	Border Collie, Heeler
2.75–3.25”	L	Golden Retriever
3.25–3.75”	XL	Labrador, Shepherd

Step 3 – Fit & Secure

1. Slide the sock gently over the paw until the pad sits on the grip area.
2. Make sure **traction pads** align directly under the paw’s center.
3. The elastic cuff should rest just above the dewclaw without pinching.
4. Check that circulation isn’t restricted (no red marks or indentations).
5. Have your dog stand and test the grip on a hard surface.

6. Wash new socks once before use to soften material and improve comfort.

Bonus Tip: Trim paw fur between pads to enhance traction.

Safety & Maintenance

- Always supervise your dog when introducing new paw gear.
- Replace worn socks regularly — flattened grips lose traction.
- Keep floors clean; debris reduces friction even with quality socks.

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